MORROW COUNTY BOARD OF COMMISSIONERS MEETING AGENDA

Wednesday, August 25, 2021 at 9:00 a.m.
Bartholomew Building Upper Conference Room
110 N. Court St., Heppner, Oregon
See Zoom Meeting Info on Page 2

- 1. Call to Order and Pledge of Allegiance 9:00 a.m.
- 2. City/Citizen Comments: Individuals may address the Board on issues not on the agenda
- 3. Open Agenda: The Board may introduce subjects not already on the agenda
- 4. Consent Calendar
 - a. Accounts Payable and Payroll Payables
 - b. Minutes: July 21st
- 5. Business Items
 - a. Criminal Justice Reinvestment Grant Application (Dan Robbins, Corrections Lieutenant; Gina Wilson, Parole & Probation Officer)
 - b. Morrow County Command Team Update
 - c. Building Project Updates
- 6. Department Reports
 - a. Road Department Monthly Report
- 7. Correspondence
- 8. Commissioner Reports
- **9. Executive Session** Pursuant to ORS 192.660(2)(i) To review and evaluate the employment-related performance of the chief executive officer of any public body, a public officer, employee or staff member who does not request an open hearing
- 10. Signing of documents
- 11. Adjournment

Agendas are available every Friday on our website (<u>www.co.morrow.or.us/boc</u> under "Upcoming Events"). Meeting Packets can also be found the following Monday.

The meeting location is accessible to persons with disabilities. A request for an interpreter for the hearing impaired or for other accommodations for persons with disabilities should be made at least 48 hours before the meeting to Roberta Lutcher at (541) 676-5613.

Pursuant to ORS 192.640, this agenda includes a list of the principal subjects anticipated to be considered at the meeting; however, the Board may consider additional subjects as well. This meeting is open to the public and interested citizens are invited to attend. Executive sessions are closed to the public; however, with few exceptions and under specific guidelines, are open to the media. The Board may recess for lunch depending on the anticipated length of the meeting and the topics on the agenda. If you have anything that needs to be on the agenda, please notify the Board office before noon of the preceding Friday. If something urgent comes up after this publication deadline, please notify the office as soon as possible. If you have any questions about items listed on the agenda, please contact Darrell J. Green, Administrator at (541) 676-2529.

Zoom Meeting Information

Join Zoom Meeting:

Zoom Call-In Numbers for Audio Only:

- 1-346-248-7799, Meeting ID: 541 676 2546#
- 1-669-900-6833, Meeting ID: 541 676 2546#
- 1-312-626-6799, Meeting ID: 541-676-2546#
- 1-929-436-2866, Meeting ID: 541-676-2546#
- 1-253-215-8782, Meeting ID: 541-676-2546#
- 1-301-715-8592, Meeting ID: 541-676-2546#

Morrow County Board of Commissioners Meeting Minutes July 21, 2021 Bartholomew Building Upper Conference Room Heppner, Oregon

Present In-Person

Chair Don Russell, Commissioner Jim Doherty, Commissioner Melissa Lindsay, Darrell J. Green, Greg Close, Mike Gorman, Roberta Lutcher, Dan Robbins, Richard Tovey; Non-Staff: Doug McKay

Present Via Zoom

Staff: Lindsay Grogan, Katie Imes, Christy Kenny, Kate Knop, Tamra Mabbott, Ian Murray, Justin Nelson, Sandi Pointer, Nazario Rivera, Linda Skendzel, Vickie Turrell; Non-Staff: Sheryll Bates, Erika Lasater, Debbie Pedro, Karen Pettigrew, David Sykes

Call to Order, Pledge of Allegiance & Roll Call: 9:00 a.m.

City & Citizen Comments: None

Open Agenda: No items

Consent Calendar:

Commissioner Lindsay moved to approve the following items in the Consent Calendar:

- 1. Accounts Payable & Payroll Payables
- 2. Minutes: June 23rd
- 3. Request to Issue Credit Card for the Emergency Manager with a limit of \$1,500
- 4. By making no recommendation, the following Liquor Licenses from Oregon Liquor Control Commission (OLCC) will automatically renew: Love's Travel Stop #650 (Tower Road, Boardman), Off-Premises Sales; and Marker 40 Golf Club (Toms Camp Road, Boardman) for both Limited On-Premises Sales and Off-Premises Sales
- 5. Oregon Department of Transportation, Public Transportation Division Agreement #35077, Statewide Transportation Improvement Fund (STIF) Vehicle Expansion Funding for Five Public Transit Vehicles; effective July 1, 2021 to June 30, 2023; not-to-exceed amount \$371,899 with a local match of \$92,975
- 6. Reappointment of Aaron Palmquist to the STIF Advisory Committee representing Irrigon/Low Income; term to be July 1, 2021 through June 30, 2024
- 7. Two Sheriff's Office Vehicles to State Surplus: 2014 Dodge Ram 1500, Vehicle Identification Number 1C6RR7KT4ES381190; 2010 Ford F150, VIN 1FTFW1EV2AFB14146
- 8. OLCC Temporary Sales License Application from Oregon Trail Pro Rodeo Commissioner Doherty seconded. Unanimous approval.

Business Items

Umatilla National Forest Lands Temporary Closure

Darrell Green, Administrator

Doug McKay, Heppner District Ranger

Mr. Green welcomed Mr. McKay and thanked him for attending the meeting. He explained the County received an email from the Sheriff's Office on July16th that all Umatilla National Forest and Federal Forest Service properties were closed to the public. He said this led to questions about the impact to Morrow County Parks and forest areas. Mr. Green also suggested the

discussion include ways the County and Forest Service can more effectively communicate when similar actions occur in the future.

Mr. McKay offered the following: The Umatilla National Forest Supervisor, Eric Watrud, determined to take a rare and unique, and hopefully, one-time action to close the forest. It was based on current wildfires and a new lightning-caused wildfire that was spreading rapidly. The Elbow Creek fire took a big run in the first burning period of 8,000-9,000 acres and in light of the very large fires in Klamath and Lake Counties where there wasn't a general forest closure in place, and a new start that contributed significantly to that fire and its threat to local communities, Mr. Watrud decided to close this one. It was not an easy decision and we didn't have a lengthy discussion about it. He would have had a lengthy discussion with the Regional Forester about doing this. It was a late-night decision and we, and the rest of the forest leadership team, woke up to the news. The ramifications for the local communities are something we immediately started discussing, as well. Right now, there is the possibility for people with legitimate needs to be on the forest to request a waiver through the office. To date, I've issued 11 waivers, all for grazing permittees. We're very concerned we don't have an impact on the local economy. With public closure, we're trying to mitigate more fires that weren't started by lightning. I apologize on behalf of the Forest Supervisor that there wasn't time, in his opinion, to have those conversations with the counties. We can talk today about how we improve that. The District Ranger in Ukiah, Paula Guenther, and I had a discussion a few days ago about the impact of closing the 52 and 53 Roads. We requested the Forest Supervisor pull those out from the closure since we receive Federal funding as scenic byways. He agreed and those roads are no longer part of the closure.

Chair Russell asked how the public was notified of the closure and if the Forest Service was notifying people currently in the forest that they had to leave.

Mr. McKay said it wasn't an enforcement closure, it was an informational one and signs and notices were going up now.

Commissioner Doherty talked about the efforts in recent years to improve the working relationship between the Forest Service and the County. He said, over the years, discussions took place with Mr. Watrud and his predecessors about the importance of involving the County, from early notification through after-action report. He said he'd like to think Morrow County was part of the team.

Mr. McKay said the County was considered part of the team but he woke up to the news about the closure and contacted the County shortly thereafter. He added he drove to Heppner Tuesday from Silver Lake, his previous assignment and the area of the Bootleg Fire where his family had to evacuate Monday night to Portland.

The Commissioners stressed the need for local fire-fighting resources in the event of fire. Mr. McKay outlined the resources that will remain stationed in the area. He said he believed an agreement was needed for notification prior to decision-making; mutual aid agreements were mentioned later in the discussion.

Mr. McKay said from fire suppression to recreation, he looked forward to building a more robust partnership and helping Morrow County manage the recreation growth that is here now and will continue. Chair Russell thanked him for appearing and providing the report, saying it was appreciated.

Morrow County Parks General Manager, Greg Close, provided a brief update to the Board. Of note, campfires are no longer allowed at any County Parks, and all fire equipment and vehicles are up and running.

PGE Strategic Investment Program (SIP) Community Service Fee Fund

Mike Gorman, Assessor/Tax Collector

During April's Budget Committee Meetings, there was some confusion about the \$612,626 in this fund when it should have been capped at \$500,000, said Mr. Gorman. After looking into the matter, it was found the \$112,626.44 come from an income tax component of the SIP program that also gets distributed to the affected districts. He said this can affect all SIP exemptions so he, the Treasurer and Finance Director decided to create a new general ledger line for the sake of transparency. Various discussions.

Revised Minutes of June 2, 2021

Commissioner Doherty moved to accept the revised minutes of June 2, 2021. Commissioner Lindsay seconded. Unanimous approval.

Building Project Updates

Morrow County Government Center Building in Irrigon:

- Masonry is delayed but work continues on other projects to avoid delaying the move-in timeline.
- A meeting took place last week with Department Directors/Elected Officials about the move-in process. Everyone was also able to tour the new building.
- Furniture and technology people are actively engaged so these areas don't cause delays during the move-in process. The new project manager is very detail-oriented and is holding everyone accountable.

Sheriff Station 2 Building:

- Painting and drywall completed.
- Siding, stairs and ceiling installed.
- Man-door installed but waiting on the roll-up doors.
- Electric and water not turned on yet.

Break: 10:24-10:38 a.m.

Department Reports

- The Juvenile Department Quarterly Report was reviewed by Christy Kenny, Director
- The Loop Quarterly Report was reviewed by Katie Imes, Coordinator
- The written Emergency Management Quarterly Report submitted by Undersheriff John Bowles was reviewed
- The Parole & Probation Semi-Annual Report was reviewed by Lt. Dan Robbins

Correspondence

- Letter from the Umatilla County Board of Commissioners to the Governor's Natural Resource Policy Director and the Director of the Oregon Water Resources Department regarding the American Rescue Plan Act appropriations to Umatilla County for water related work
- Letter from the Federal Emergency Management Agency to Morrow County regarding the Conditional Letter of Map Revision for the Willow Creek Floodplain Improvement project
- Morrow County 4-H July Newsletter

Commissioner Reports

Reports were provided by the Commissioners.

11:55 a.m. Executive Session: Pursuant to ORS 192.660(2)(d) – To conduct deliberations with persons designated by the governing body to carry on labor negotiations

1:20 p.m. Closed Executive Session

Signing of documents

Adjourned: 1:30 p.m.



AGENDA ITEM COVER SHEET

(For BOC Use) Item #

Morrow County Board of Commissioners (Page 1 of 2)

Please complete for each agenda item submitted for consideration by the Board of Commissioners (See notations at bottom of form)

Presenter at BOC: Dan Robbins & Control Department: MorrowCounty Control Short Title of Agenda Item: (No acronyms please)	ommunityCorrections(P&	P) Requested A	to reviewers: 8-17-2021 Agenda Date: 8-25-2021
Order or Resolu Ordinance/Publ	ic Hearing: 2nd Reading t Anticipated: : rding Required	Appoints Update o Consent Discussic	ments on Project/Committee Agenda Eligible on & Action
N/A Contractor/Entity: Criminal Jude Contractor/Entity Address: 885 Effective Dates – From: July 1 Total Contract Amount: \$164,1 Does the contract amount exce	Summer St NE, Salem, 0, 2021 88	OR 97301 Through: Jun	2
Reviewed By:			
Dan Robbins	8/17/2021_Departme	ent Director	Required for all BOC meetings
	Administ	rator	Required for all BOC meetings
Justin Nelson	8/20/2021 County C	Counsel	*Required for all legal documents
	Finance (Office	*Required for all contracts; other items as appropriate.
		r review (submit to all sir	*If appropriate multaneously). When each office has notified the submitting uses to the BOC for placement on the agenda.

Note: All other entities must sign contracts/agreements before they are presented to the Board of Commissioners (originals preferred). Agendas are published each Friday afternoon, so requests must be received in the BOC Office by 1:00 p.m. on the Friday prior to the Board's Wednesday meeting. Once this form is completed, including County Counsel, Finance and HR review/sign-off (if appropriate), then submit it to the Board of Commissioners Office.

AGENDA ITEM COVER SHEET

Morrow County Board of Commissioners (Page 2 of 2)

1. <u>ISSUES, BACKGROUND, DISCUSSION AND OPTIONS (IF ANY):</u>

Morrow County Parole & Probation is applying for the 21-23 Biennial Justice Reinvestment Grant. By continuing support with this grant, it will allow us to have the second parole officer position that has been previously funded by the 19-21 Justice Reinvestment Grant.

This second position has allowed, and will continue to allow Morrow County Parole & Probation Officer's to hold smaller caseloads to aid in public safety, offender accountability, crime reduction and prevention, and offender treatment and rehabilitation.

Also with this grant, it is requested that 10% of funds continue to go to Morrow/Umatilla County Domestic Violence Services and an additional 10% used for administration, LPSCC Coordinator. The coordinator helps with data analysis, project management, and keeps the LPSCC organized and moving toward goals in line with the mission statement.

The Criminal Justice Commission (CJC) has awarded Morrow County \$164,188 under the 2021-2023 Justice Reinvestment Grant Program. Attached please find the Grant Award Agreement and other conditions. This award is subject to all programmatic and financial requirements, including timely submissions of any reports, reimbursements and requests for information.

\$128,560.00 - Personnel

\$16,418.00 - Domestic Violence Services

\$14,284.00 - Admin Fee for LPSCC Coordinator

\$4,926 - Evaluation Funding

=\$164,188 Total Justice Reinvestment Fund Allocation

The CJC will disburse the grant funds in four installments. The CJC will disburse the first payment within 30 days following the completed execution of the contract.

In order to finalize the application, Morrow County needs the support from BOC. Once support is obtained from all members, it will be submitted for further review. When the contract is accepted, a copy of the agreement will be sent to BOC.

2. FISCAL IMPACT:

\$128,560.00 - Personnel - Revenue to Community Corrections #510-113-3-30-3595; \$16,418.00 - Domestic Violence Services #510-113-5-20-2435; \$14,284.00 - Admin Fee for LPSCC Coordinator Position; \$4,926 - Evaluation Funding; =\$164,188 Total Justice Reinvestment Fund Allocation

3. **SUGGESTED ACTION(S)/MOTION(S):**

Morrow County Parole & Probation request Board of Commissioner's support of the 21-23 Justice Reinvestment Grant application. I have attached a letter of support that I am requesting be signed by all BOC members to submit with this application on the deadline of August 25th before 1pm.

Attach additional background documentation as needed.

Application: Morrow County

Dan Robbins - dan.l.robbins@cc.doc.state.or.us Justice Reinvestment (JRI) 21-23

Summary

ID: 0000000020

Last submitted: May 11 2021 09:39 AM (PDT)

Cover Sheet

Completed - Apr 13 2021

Cover Sheet

County

Morrow

Local Public Safety Coordinating Council (LPSCC) Chair Contact

Name:	Christy Kenny	
E-mail:	ckenny@co.morrow.or.us	
Phone:	541-676-5642	

Primary Applicant Contact

Name: Dan Robbins Organization: Morrow County Parole and Probation Title: Director Address: PO Box 130 City: Irrigon Zip: 97844 E-mail: dan.l.robbins@cc.doc.state.or.us Phone: 541-314-5222

Fiscal Contact

Name:	Dan Robbins
Legal Name of Organization for Payment:	Morrow County Parole and Probation
State EIN:	02920450
Payment Remittance Address:	PO Box 130
City:	Irrigon
Zip:	97844
E-mail:	dan.l.robbins@cc.doc.state.or.us
Phone:	541-314-5222

Would you like ACH payment processing (direct deposit)?

No

Evaluation Plan

Indicate how your LPSCC intends to meet the evaluation portion of your proposal. Note: the application for the Evaluation Plan will be due August 25th.

Remit 3% of awarded funds to the CJC's statewide evaluation budget.

2021-23 Supplemental Grant

In 2017, HB 3078 created a competitive grant to support downward departure prison diversion programs. In the 2021– 23 biennium it is expected that targeted funding will be available. These funds are limited to positions and training that directly support downward departure prison diversion programs.

Would you like to apply for this optional grant?

Note: the application for the Supplemental Grant will be due August 25th.

No

Identification of Gaps in Local Criminal Justice System

Completed - May 11 2021

Identification of Gaps in Local Criminal Justice System

County: Morrow

What gaps presently exist in your local criminal justice system?

In a perfect world, where funding is not a constraint, how would your criminal justice system change? What are the existing gaps present in your local criminal justice system would you fill? Please include programs currently funded by the Justice Reinvestment Grant as gaps.

Your answer should be presented in a way that is readable to an interested member of the public. The answers should also help stakeholders such as administrators, staff, evaluators, funding agencies, advocacy groups, citizens, and elected officials understand and communicate about the program.

- a. Morrow County Parole and Probation is currently using the JRI funding at partially fund a full time Officer. Hiring this officer as helped reduce the amount of offenders on our caseloads. This has allowed more contacts with each offender in office, field and at their residence. The officer that is funded with the JRI Grant is an active team member of the Umatilla/Morrow Treatment Court.
- b. Domestic Violence Services Inc. has received the 10% of the Morrow County JRI grant. They have been a great service to Morrow County.
- c. Mental Health. We have Offenders and people in the community that have issues with mental health. If the mental health could be handled early before a crime is committed, we would not have them on our supervision.
- d. Transitional Housing. We need transitional housing in our county. It would be a beneficial to have a housing facility that we could put the offenders in when they are released from custody, or to put offenders that do not have a place to live. What we are doing now is putting the offenders released from prison up in a motel for 2-3 weeks. The offenders that do not have a residence are currently couch surfing from residence to residence.

What changes to your local criminal justice system need to be made to be able to reduce prison usage of nonviolent offenders?

List all changes that may be efficacious. Remember, this is an exercise where money is not a constraint.

Some changes we could make are additional programs to address the mental illness and housing issues of offenders and citizens in Morrow County. Are offenders committing new offenses because they are poor, drug affected, mental health or homeless? Addressing these issues could reduce prison usage.

What changes need to be made to reduce the county's recidivism?

List all changes that may be efficacious. Remember, this is an exercise where money is not a constraint.

a. MRT program (MRT-Moral Recognition Therapy) A cognitive-behavioral treatment program for

substance abuse and offender populations. MRT is a cognitive-behavioral treatment system that leads to

enhanced moral reasoning, better decision making, and more appropriate behavior.

b. Employment: The chances of recidivism rise when former inmates do not have access to legitimate

means of earning a living or to community resources or social supports.

c. Peer and Mentor program: to help people readjust when released from a custody cycle.

What gaps exist within your county's population that result in inequitable access to

established or developing programs or services offered?

Consult the Race, Ethnic, and Gender Dashboard as a resource.

a. Morrow County uses the Administrative Sanctioning Grid on all offenders no matter what gender or

race. All are treated equal when supervising and addressing any violations of their supervision.

Evaluation of Successes and Challenges to Local Justice

Reinvestment Initiative

Completed - May 4 2021

Evaluation of Successes and Challenges to Local Justice Reinvestment Initiative

County: Morrow

Is the County experiencing a reduction in prison usage of nonviolent offenders?

Please consult the JRI Grant Snapshot for the latest information:

https://www.oregon.gov/CJC/SAC/Pages/snapshot.aspx

Yes

Is the County experiencing a reduction in recidivism?

Please consult the JRI Grant Snapshot for the latest information:

https://www.oregon.gov/CJC/SAC/Pages/snapshot.aspx

Yes

Please explain in detail how the Covid-19 pandemic may have or will affect execution of your Justice Reinvestment Program in your county.

The Covid-19 pandemic did change how we operated for a few weeks. We had to make some adjustments on how we operate. We purchased new laptop computers so we could work remotely if needed. We worked remotely for about 8 weeks during the Covid-19 pandemic. We continued to have contact with our Offenders via phone or facetime during that time. We installed a plexiglass window on our outside wall with a small door to pass paperwork through. We were able to meet and have a visual of the offender when they check in. If we thought they needed a UA they were brought into the building for the UA using recommended precautions. We are continuing using the window for the check ins. We can also meet with the offender outside. We are now semi back to normal operations. Offenders are checking in at the office at the window, home visits are being conducted using recommended precautions and our work crew is taking crews out to jobsite using recommended precautions.

Morrow County uses the JRI Grant money to help fund a full time officer. This full time officer reduces caseloads per supervising officer.

Inclusion of Input of Historically Underserved Communities and Community Partners

Completed - May 3 2021

Inclusion of Input of Historically Underserved Communities and Community

Partners

County: Morrow

How do you intend to include the input of historically underserved communities and

community partners in the development of the Final Application for Justice Reinvestment?

Although Morrow County's 2019 census showed that it is predominantly Caucasian 58%, there remains

opportunity to reach out and include the Hispanic population which makes up 37.7% of the population.

The LPSCC will discuss whether the Chamber of Commerce could connect them with Hispanic business

leaders, and whether to also contact the Latino Community Association and/or Oregon Latino Health

Coalition. In addition, rural populations are also historically underserved in terms of access to services.

How does the County intend to select which victim service providers in the community to

award funds?

If the county will run a competitive process, please briefly describe it.

Morrow County has used domestic Violence Services on our past grant application. They have been a

great service to Morrow County. We will continue to use the Domestic Violence Services for Morrow

County on the this Grant Application.

District Attorney Statement of Commitment

Completed - May 3 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must

include a statement of commitment to:

• Reduce recidivism while protecting public safety and holding offenders accountable

Decrease the county's utilization of imprisonment in a Department of Corrections institution while

protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders

write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

Statement of Commitment- 2021 DA

Filename: Statement_of_Commitment- 2021 DA.pdf Size: 94.7 kB

7 / 49

Presiding Judge Statement of Commitment

Completed - May 6 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

2021-05-03 Morrow JRI PJ Letterx Judge

Filename: 2021-05-03_Morrow_JRI_PJ_Letterx__Judge_.pdf Size: 140.5 kB

Director of Community Corrections Statements of Commitment

Completed - May 3 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

Statement of Commitment- 2021 p and p

Filename: Statement_of_Commitment-_2021__p_and p.pdf Size: 50.5 kB

Additional Statements of Commitment

Incomplete

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

Cover Sheet

Completed - Jul 26 2021

Cover Sheet

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Local Public Safety Coordinating Council (LPSCC) Chair Contact

Name: Christy Kenny

E-mail: Ckenny@co.morrow.or.us

Phone: 541-676-5642

Primary Applicant Contact

Name: Gina Wilson Organization: Morrow County Parole and Probation Title: Parole and Probation Deputy Address: 205 NE Third St City: Irrigon Zip: 97844 E-mail: Gina.L.Wilson@cc.doc.state.or.us Phone: 541-314-1178

Fiscal Contact

Name:	Morrow County Sheriff's Office
Legal Name of Organization for Payment:	Morrow County Sheriff's Office
State EIN:	02920450
Payment Remittance Address:	P.O. Box 159
City:	Heppner
Zip:	97836
E-mail:	Kmatlack@co.morrow.or.us
Phone:	541-314-5201

Would you like ACH payment processing (direct deposit)?

No

Evaluation Plan

Indicate how your LPSCC intends to meet the evaluation portion of your proposal.

Remit 3% of awarded funds to the CJC's statewide evaluation budget.

2021-23 Supplemental Grant

In 2017, HB 3078 created a competitive grant to support downward departure prison diversion programs. In the 2021– 23 biennium the Supplemental Grant is funded at \$7,578,438. These funds are limited to positions and training that directly support downward departure prison diversion programs.

Would you like to apply for this optional grant?

No

Eligibility Requirements

Completed - Jul 26 2021

Responses Selected:

PSC

the community.

Form for "Eligibility Requirements"

The following questions correspond with the requirements outlined in the "Eligible Program Requirements" section of the <u>Request for Grant Proposal</u>.

Which assessment do you use to determine which populations will be served by your county's JRI?

LS/CMI
WRNA
Briefly describe how the above assessments are used in your program.
The PSC (Public Safety Checklist) is an actuarial risk assessment tool that uses offender characteristics t
predict recidivism - we use this as an initial assessment when an individual is entered into DOC400.
Part of intake includes the LS/CMI (Level of Service and Case Management Inventory) – it provides a comprehensive measurement of an individual's risk, needs, and responsivity (RNR) factors, as well as a
functional case management tool.
We are incorporating the WRNA (Women's Risk and Needs Assessment) assessment into our intake
process for females. This is new for Morrow County and staff will be trained in Mid August 2021 to fully use this assessment tailored to women.
The number of the assessments used is to help promote law abiding behavior and reduce recidivism in

Does the proposed program serve offenders charged with o driving offenses?	r convicted of propery, drug, or
Yes	
Does the county consider and accept short-term transitional	l leave candidates as appropriate?
Yes	
Does the county or county partners provide assistance to cl	lients enrolling in the Oregon
Health Plan?	
Yes	
Is the County working towards imbedding equity throughout system?	t the county's criminal justice
Yes	
Program Budget Justification and Narra	ative
Completed - Aug 17 2021	
Budget Justification and Narrativ	e
Please list the programs that were funded by the 2019-21 Funding.	ormula Justice Reinvestment Grant
Program One Morrow Cou	nty Parole and Probation

(No response)

(No response)

Program Two

Program Three

Program Four	(No response)
Program Five	(No response)
Program Six	(No response)
Program Seven	(No response)
Program Eight	(No response)
Program Nine	(No response)
Please list the programs that you are <i>proposing</i> Reinvestment Grant Funding.	y to fund with the 2021-23 Formula Justice
Program One	
Morrow County Parole & Probation	
Program Two	
(No response)	

Program Four
(No response)
Program Five
(No response)
Program Six
(No response)
Program Seven
(No response)
Program Eight
(No response)
Program Nine
(No response)
Program One: Morrow County Parole & Probation

What is the overall goal of this program? Goals should be specific and measurable.

Example: The County Downward Departure Program goal is to reduce county prison usage by 5% over a one year period.

Morrow County Parole and Probation would continue to use a portion of the grant money for the second Probation Officer position that has been funded for since 2017. This position has and will continue to allow each caseload to have an average of 35 individuals per caseload/officer. Having a smaller caseload allows the officer to have more significant contacts with offenders in the field and in the office - this also helps deal with issues/violations that arise in a timely manner to hold individuals accountable if needed. This program enhances public safety by allowing more offender contacts in the community. It also allows more work crew sanctions instead of jail sanctions which helps individuals obtain good work ethics. Morrow County Parole and Probation has a Director who serves multiples duties: administrator, probation officer and support staff. There are two full time certified probation officers.

For Morrow County, the most recent data (2019/1st) indicates a reduction in recidivism compared to the prior 2 years. This can be attributed to having the second probation officer position. These funds have helped Morrow County reduce recidivism and will help to continue to devote enough time to each offender's needs to help achieve success/reduce recidivism. Without these funds, the cases would be larger and the adequate time needed would not be as effective for the goal of supervision.

In addition, these funds help us retain a coordinator for our LPSCC. The coordinator helps with data analysis, project management, and keeps the LPSCC organized and moving toward goals in line with the mission statement.

What is the Target Population of this program?

Describe the target population for the program. Be as specific as possible.

The target population for this program is for any male or female justice-involved individuals that are on supervised probation, post-prison supervision or conditional discharge. Individuals must also be supervised for a property or drug conviction. Justice-involved individuals must have a risk level classified as either high or medium using assessments such as the Public Safety Checklist or Level of Service-Case Management inventory and soon to be used the Women's Risk and Needs assessment.

What metrics, variables, or data points will the county use to assess the program described above?

Example: The Downward Departure Program will track the number of people that enter DOC custody; the number of participants in the downward departure program; success rate of the participants; treatment and other services offered to each client.

Morrow County will use the outcome measures from the DOC 400. These outcome measures will track community service, positive case closures, employment, treatment and recidivism. Semi Annual reports will be submitted to the Local Public Safety Coordinating Council.

Please articulate how this program is related to the goals of Justice Reinvestment.

Example: The County Downward Departure Program helps the county meet the JRI goal of reducing prison usage (by 5%) while holding offenders accountable and maintaining community safety (by reducing participants rate to reoffend by 5% from our valid assessment process and targeted services). Because we are expecting a recidivism reduction for the program participants we would then also expect a reduction for the county's overall recidivism rate (probationers and post-prison supervision).

The goals of the Justice Reinvestment grant are as followed: reduce recidivism, reduce prison populations, increase public safety and hold offenders accountable. This program will help us continue to do our best to meet these needs by continued education for our officers; to continue to use evidence based practices with case-planning built around an individual's needs.

In order to fully satisfy the county - me must build relations and work with treatment providers to make success the ultimate goal to rehabilitate offenders and guide them into society all while minimizing the chances that they will commit a new offense.

What evidence-based practices will be used in this program?

Programs receiving Justice Reinvestment funding should be evidence-based. Counties are encouraged to consult the Adult Criminal Justice Section of the <u>Benefit-Cost Results page</u> by the Washington State Institute for Public Policy as a resource for evidence-based programs. While the list is not authoritative or comprehensive for each community, it does serve as a valuable resource.

Morrow County will continue to help reduce recidivism by using evidence-based practices using: Carey Guides, motivational interviewing, behavior chain worksheets, cost benefit analysis, ABC worksheets and more.

Has this program received a Corrections Program Checklist in the last 10 years? If so, when was the review conducted? Briefly describe the outcome and any steps to address the findings of the CPC.

No

Program Narrative

Completed - Aug 3 2021

Program Narrative

Narrative Page 3.

Goals of Justice Reinvestment

Responses must include all proposed grant-funded activities, as well as local policy changes or collaborative efforts that support the county's progress toward meeting the goals of justice reinvestment. The application must address the goals of justice reinvestment. In this section, it is **required** that the LPSCC review the county-specific data found on the <u>CIC dashboards</u>. Applications **must reference** the dashboards and clearly articulate the county's progress toward meeting the goals, as well as how the proposed program will assist in meeting those goals in the future.

Describe efforts to reduce recidivism through evidence-based practices while increasing public safety and holding offenders accountable.

Applicants are expected to use the CJC recidivism dashboards to contextualize the county's current recidivism rates and explain how the proposed program will decrease these rates while increasing public safety and holding offenders accountable. Describe efforts to reduce recidivism during the past biennia and how the proposed program will change or continue those efforts.

The statewide definition of recidivism includes new arrest, conviction, or incarceration within three years of a prior conviction or release from custody (ORS 423.557). CJC dashboards show statewide and county- specific recidivism data for both one and three years. Applicants are encouraged to address comparisons to the statewide rate.

- Refer to <u>CJC Dashboards</u> to answer question.
- Describe efforts during the previous biennia and how the proposed program will change or continue those efforts.
- Applicants are encouraged to address comparisons to the statewide rate.

Morrow County will continue to help reduce recidivism by using Carey Guides, motivational interviewing, behavior chain worksheets, cost benefit analysis, ABC worksheets and more. By increasing attention to justice involved individuals, we can create a case plan that is organized and geared for change.

Overall, Morrow County's recidivism rates are following the same trend as the statewide and regional numbers for convictions and incarceration. While the statewide and regional numbers have decreased for recidivism for convictions, Morrow County's has decreased but a lower rate. This could be due to Morrow County being a sparsely populated area. As can be seen on the JRI dashboards a change of 3 individuals in the cohorts being monitored can drastically change the rates. This is easily recognized by seeing the reported line jump all over the graph.

Describe efforts to reduce prison utilization for property, drug, and driving offenses while increasing public safety and holding offenders accountable.

Applicants must identify how the proposed program will reduce county prison usage for property, drug, and driving offenses while increasing public safety and holding offenders accountable.

- Refer to CIC Dashboards to answer question.
- Applicants are encouraged to incorporate data specific to the county's prison intakes, revocations, length of stay, and relationship to the statewide rates when discussing past, present, and projected prison usage.

For Morrow County, the most recent data (2019/1st) indicates a reduction in recidivism compared to the prior 2 years. This can be attributed to having a second probation officer for Morrow County. Having a second probation officer position allows for appropriate case assessments to be conducted (LS/CMI) which allows for offenders to receive the level of supervision that is most effective based on the LS/CMI. Evidence has shown that too much or too little supervision can result in increased recidivism. Evidence based practices indicate that appropriate caseloads should be as follows: Intensive risk: 20 offenders per 1 PO, Moderate/High Risk: 50 offenders per 1 PO, Low Risk: 200 offenders per 1 PO. Morrow County's offender caseload is as follows: 70.2% Moderate/High Risk, 29.8% Low Risk. Having a second probation officer allows for caseloads to be balanced appropriately. Caseloads in Morrow County average 35 offenders per probation officer. The decrease in recidivism can be tied to having a second probation officer on full-time after a period of the position being vacant.

Female property, drug, and driving offenses.

Applicants must identify how the proposed program will reduce county prison usage for property, drug, and driving offenses while increasing public safety and holding offenders accountable.

- Refer to CJC Dashboards to answer question.
- Address prison usage specific to female property, drug, and driving offenses, as well as describe local efforts to address this population.

Morrow County currently has 24 adult females on our caseload for property, drug and driving offenses. The female offender population would fall under the same program as the adult male. However; Morrow County Parole and Probation will be trained to use the Women's Risk and Needs assessment; this assessment will help identify specific criminogenic needs and strengths to develop a comprehensive case-plan.

If your county has prison-reduction efforts outside of property, drug, and driving offenses please briefly describe them.

n/a

Evidence of Collaboration in Planning and Implementation

Describe the collaborative partnerships in place that will support the county's performance and progress toward the goals of justice reinvestment.

Morrow County's Local Public Safety Coordinating Council (LPSCC) meets regularly. A semi annual report showing the outcome information received from the DOC 400 system will be submitted to LPSCC.

Being involved with the local community resource roundtable will help build partnership to continue progressing towards the goals of the Justice Reinvestment Grant.

LPSCC Members

Required by ORS 423.560

	Name(s)	Vacant
Police Chief	Rick Stokoe	×
Sheriff	Ken Matlack	×
District Attorney	Justin Nelson	×
State Court Judge	Judge Dan Hill	×
Public Defender	Blue Mountain Public Defender	×
Director of Community Corrections	Dan Robbins	×
County Commissioner	Melissa Lindsay	×
Juvenile Department Director	Christy Kenny	×
Health Director	Nazario Rivera	×
Mental Health Director	Kimberly Lindsay	×
Community-based Nonprofit Victims Services	Kathryn Chaney	×
Citizen	Dirk Dirksen	×
City Councilor or Mayor	John Bowles	×
City Manager or Other City Representative	Aaron Palmquist	×
Oregon State Police	Seth Cooney	×
Oregon Youth Authority	Heidi Meier	×

Additional LPSCC Members

If the LPSCC has opted to include additional members of the community (beyond the statutorily required membership) to the LPSCC please identify them.

	Name(s)	Title(s)	Vacant
1	Linda Skendzall	Veteran's Affair	×
2			×
3			ж
4			×
5			×
6			×
7			×
8			×
9			×
10			×

Local Public Safety Coordinating Council Staff

Please only identify the full-time equivalent (FTE) of the time of staff (not LPSCC members) spent working on LPSCC matters. Please do not include time that LPSCC staff spend on other items.

	Title	Name	Email	FTE
1	Coordinator	Jessica Rose	jessica@roselegal. org	
2				
3				
4				
5				
6				
7				

Cultural Responsiveness

Completed - Aug 17 2021

Cultural Responsiveness

Narrative Page 3.

Cultural Responsiveness

Culturally responsive services are comprehensive processes that have been adjusted to consider and support the principles, practices, culture and needs of underserved populations within a community. Underserved populations are comprised of individuals who identify with specific cultural connections based on their ethnic or racial origin, place of birth, familial structure, gender identity, and language spoken in the home.

As a reminder, we have provided the following resources that may aide you in answering these questions:

- Equity and Cultural Responsive Services page, which is includes definitions of terms and concepts that could aide them in answering some of the questions. The website also has a list of resources including the <u>report</u> developed by the Justice Reinvestment Equity Advisory Committee.
- <u>Race, Ethnicity, and Gender Demographic Dashboard</u>, a new dashboard which show county-specific data for probation and local control intakes as well as prison intakes.

What underserved populations does your program serve?

According to the 2019 census, Morrow County is predominantly Caucasian at 58%, with 37.7 % being Hispanic. Latinos males make up 25.8% of probation and parole intakes, according to the dashboard. There are two black men, 3% of intakes. and one Native American making up 1.5%. The dashboard shows the following information for females: 5.6% Black, 16.7% Latina, and the remainder Caucasian.

It addition, rural populations are also historically underserved in terms of access to services. All offenders are rural residents.

What culturally responsive practices does the county use with justice-involved individuals?

During intake to parole & probation, when the LS/CMI is conducted, you learn about individuals from various different cultures. We are taught to not be bias - this includes to accept ones differences without judgement whether it is right or wrong, we become good listeners, learn about their upbringing, issues in life and then cater to their needs by identifying barriers and providing/helping over come those barriers. Our goal is to give each individual an equal opportunity to success and finding services that is specific to their needs. Improving cultural responsiveness can help remove barriers.

For justice-involved individuals, Morrow County also provides interpreters, including unique dialects like K'iche that is prevalent in the local area.

How did you include the input of historically underserved communities, including, but not limited to, racial and ethnic minorities, women, lesbian, gay, bisexual, transgender, queer, and other minority gender identity communities?

Please describe all consultations or attempts at outreach.

Over the last year, Morrow County has established a community resource roundtable that meets regularly to discuss the needs of the county and neighboring counties. Typically – during the discussions, different community partners share what their services are in the community and how we can assist, this helps the community learn about the services available in the area. Resources have included: Hermiston Warming station, Boardman Food Pantry, The Loop Transportation, Morrow County Veteran's Services, Department of Human Services, Health Department, Disabilities, Social Security, Domestic Violence, Legal Aid, Local Public Safety Coordinating Council, Community Counseling Solutions and many more. This leaves a great opportunity to build relations and get the feedback and needs of the county.

The LPSCC also sent an invitation to participate to community partners who regularly interact with historically underserved populations including the Oregon Child Development Coalition, EUVALCREE, Doulas Latinas, Oregon AETC, The MRG Foundation, and Oregon Rural Action.

How did you include the input of community partners in the implementation of the proposed services? Please identify community partners.

As mentioned previously, during discussions with the Local Public Safety Coordinating Council (LPSCC) is the main source of input for the implementation of the proposed services. This is beneficial because the community partners that are integral to providing services to offenders are regularly present and engaged.

As stated in a recent LPSCC meeting, continuing having a coordinator for LPSCC has been extremely beneficial in co-creation and implementation of services by bringing other community partners in for input.

How do you intend to ensure that services funded by these grant dollars are used to promote social equity for historically underserved communities?

Detail what controls you will put in place or metrics you will use to track success.

Morrow County Parole and Probation will continue to be involved in the community resource roundtable discussion as mentioned above so we can continue to learn, listen, share ideas and embrace diversity in the community. The Local Public Safety Coordinating Council will also continue with their regular meetings to ensure that the community is being benefitted in the best way to promote social equity. As a community, generating tangible ideas and coming up with solid plans can create buy in and have a stronger impact to help make and accommodate change.

Racial and Ethnic Impact Statement

Completed - Jul 29 2021

Racial and Ethnic Impact Statement Form

Racial and Ethnic Impact Statement

Pursuant to <u>Section 4, Chapter 600, Oregon Laws 2013</u>, state grant applicants are required to complete this racial and ethnic impact statement. The statement provides information as to the disproportionate or unique impact of the proposed policies or programs on minority persons in the State of Oregon.

"Minority persons" includes individuals who are women, persons with disabilities, African-Americans, Hispanics, Asians or Pacific Islanders, American Indians and Alaskan Natives.

1. The proposed grant policies or programs could have a disproportionate or unique <u>positive</u> impact on the following minority persons:

No Responses Selected

2. The proposed grant policies or programs could have a disproportionate or unique <u>negative</u> impact on the following minority persons:

No Responses Selected

3. The proposed grant policies or programs <u>will have no</u> disproportionate or unique impact on minority persons.

Responses Selected:

No Impact

If you checked numbers 1 or 2 above, please provide below the rationale for the existence of policies or programs having a disproportionate or unique impact on minority persons in this state.

n/a

If you checked numbers 1 or 2 above, please provide evidence of consultation with representative(s) of the affected minority persons.

n/a

Budget

Completed - Aug 4 2021

Program Budget

Justice Reinvestment Initiative Budget

County: Morrow					
<u>Funding Table</u>					
Program 1: Morrow County Parole & Probation					
Program 2:					
Program 3:					
Program 4:					
Program 5:					
Program 6:					
Program 7:					
Program 8:					
Program 9:					

Personnel

	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position One	1	Parole and Probation Deputy	5356.67	24
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Two				
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Three				
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Four				
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Five				
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Six				

Position Seven	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
rosition seven				
	Program Area	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Eight				
	Program Area	Description	Monthly Wages	Months Employed
			(Salary+Fringe)	
Position Nine				
	Program Area	Description	Monthly Wages	Months Employed
			(Salary+Fringe)	
Position Ten				

Total Personnel Budget

128560.08

Contractual

1	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
1,	Program Area	Contract	Description	# Units/Hours	\$ Per Unit/Hour
2.		Category			

	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
3.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
4.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
5,					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
6,					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
7.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
8.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
9.					

	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
10.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
11.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
12.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
13.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
14.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
15.					
	Program Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
16.					

	Pro	gram Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
17.						
	Pro	gram Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
18.						
	Pro	gram Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
19.						
	Pro	gram Area	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
20.						

Total Contractual Budget

0.00

Housing & Facilities

	Program Area	Description	Amount
1,			
	Program Area	Description	Amount
2.			

	Program Area	Descr	iption	Amount
3,				
	Program Area	Descr	iption	Amount
4.				
	Program Area	Descr	iption	Amount
5.				
otal Housing	& Facilities Budget			
0.00			*	
0.00				
0.00				
	Program Area	Description	# of Units	\$ Per Unit
upplies	Program Area	Description	# of Units	\$ Per Unit
upplies	Program Area	Description	# of Units	\$ Per Unit
upplies				
upplies	Program Area Program Area	Description Description	# of Units	\$ Per Unit \$ Per Unit
0.00 Supplies 1.				
upplies				
upplies				

Description

of Units

\$ Per Unit

Program Area

4.

	Program Area	Description	# of Units	\$ Per Unit
5.				
	Program Area	Description	# of Units	\$ Per Unit
6.				
	Program Area	Description	# of Units	\$ Per Unit
7.				
	Program Area	Description	# of Units	\$ Per Unit
8.				
	Program Area	Description	# of Units	\$ Per Unit
9.				
	Program Area	Description	# of Units	\$ Per Unit
10.				

Total Supplies Budget

0.00

Travel and Training

	Program Area	Description	# of Registrations	Registration Fee (Total)	Travel Expenses
1.					

2.	Program Area	Description	# of Registrations	Registration Fee (Total)	Travel Expenses
3.	Program Area	Description	# of Registrations	Registration Fee (Total)	Travel Expenses

Total Travel and Training Budget

0.00

Equipment

	Program Area	Description	# of Units	\$ Per Unit
1.				
	Program Area	Description	# of Units	\$ Per Unit
2.				
3.	Program Area	Description	# of Units	\$ Per Unit
3.				
4.	Program Area	Description	# of Units	\$ Per Unit
L" ,				
5.	Program Area	Description	# of Units	\$ Per Unit

Total Equipment Budget

0.00

Administrative

	Description	Amount
1,	Administration Fee (LPSCC Coordinator)	14284.0
	Description	Amount
2.		

Total Administrative Budget

14284.00

Budget Summary

Personnel	128560.08
Contractual Services	0.00
Housing & Facilities	0.00
Supplies	0.00
Travel & Training	0.00
Equipment	0.00
Administrative	14284.00

Total Budget Requested:

\$ 142844.08

Letters of Support--Formula Grant

Incomplete

Pursuant to HB 3194 (2013) §54 (7)(a), the county must obtain the consent of the presiding judge of the judicial district in which the county is located. Please include the letter in support of the grant here.

As required by OAR <u>213-060-0050</u> (2), the application must also be submitted by the Local Public Safety Coordinating Council (LPSCC) and include proof of approval by the county governing body. Please include the letter in support of the grant from the LPSCC chair and county governing body here.

In summary, letters of support for the grant applications must be submitted by the following:

- county board of commissioners;
- the presiding judge of the local circuit court;
- · and the LPSCC chair.

Victim Services 10%

Completed - Aug 17 2021

Victims Services Narrative & Budget

Victim Services Narrative #1

At least 10% of Justice Reinvestment grant funds must be allocated to community-based nonprofit victim services providers. **Each** victim services provider must complete a **separate** Victim Services 10% Narrative and Budget.

NOTE: A recent change to the Criminal Justice Commission's <u>Grant Management Handbook</u> now permits Victim Service providers receiving Justice Reinvestment funds to spend a portion of their award on food and drink as well as entertainment, including amusement, diversion, social activities, and any associated costs, if approved in advance by the Commission.

Victim Services Contact

Name:	Kathryn Chaney
Organization:	Domestic Violence Services, Inc.
Title:	Executive Director
Email:	kathryn@dvs-or.org
Phone:	541-276-3322

Description of Provider

Each community-based nonprofit victim services provider must have:

- A documented history of effectively providing direct services to victims of crime;
- A mission that is primarily focused on providing direct services to victims of crime; and
- The capacity and specific training to effectively deliver direct services to victims of crime.

Domestic Violence Services, Inc. (DVS) began operations in 1977 and has provided services to victims of domestic and sexual violence and stalking for forty-four years.

Our mission statement: "It is the purpose of Domestic Violence Services to provide services to victims of domestic violence and sexual assault and to work toward ending violence within the community, now and in the future."

DVS has continued to expand services and capacity to meet the needs of the population in two rural counties in Northeastern Oregon (Morrow and Umatilla). We operate two shelters, one in Hermiston and the other in Pendleton with a total capacity of 54 individuals.

DVS operates advocacy centers to meet the needs of survivors including two full-time centers (one in Hermiston and the other in Pendleton). In addition, we operate additional centers in Morrow County: one in Boardman and the other in Ione.

Survivors of violence can access services through one of our Advocacy Centers or by calling the crisis line which is answered by trained staff or volunteers twenty-four hours a day. Should a survivor need an advocate to come to the hospital because of a sexual assault, the advocate will go to the hospital at any time. Also, if a client needs shelter, the advocate will screen and admit the survivor on a twenty-four hour basis. DVS provides two Advocate staff on back-up status during nights and weekends and they are available to respond immediately.

DVS provides extensive training for all staff and for direct service volunteers. Our initial forty-hour

training covers the dynamics of domestic violence, sexual assault and stalking. Staff is also trained extensively on trauma, oppression, safety planning and the effects of domestic violence on children. DVS offers many workshops not only for staff and volunteers, but we have developed presentations addressing these important issues in a community setting including: Elder Abuse, Why Does She Stay, Teen Dating Violence and information about PREA (Prison Rape Elimination Act). We provide support groups for survivors of sexual assault (Silence Breakers) and groups for survivors of domestic violence (Turning Point). We also provide parenting classes including Triple P, Make Parenting a Pleasure, Parenting Now and Abriendo Puertas. In addition, we offer several life skills classes: Budgeting, Job Readiness, Housing and tenant skills, stress management, and others.

DVS training includes another 40-hour comprehensive Core training provided by the Oregon Coalition Against Sexual and Domestic Violence. Because our staff completes these training opportunities, DVS is a certified provider of services in Oregon.

DVS Staff participates in Civil Rights training and training on Privilege and Confidentiality related to services for survivors. DVS provides additional training to staff as opportunities develop. Our advocates participate in the State Victim Assistance Academy when available. This training includes information regarding the justice system, ethics, confidentiality, crime victims' rights, and neurobiology of trauma, vicarious trauma, resiliency and self-care.

Description of Proposed Services

Explain how the proposed services will address the following criteria:

- Need for the proposed services in the community targeting marginalized and underserved populations in the community;
- Access barriers, such as, but not limited to: language, literacy, disability, transportation, and cultural practices;
- Capacity increases for areas where services are difficult to access, limited, or nonexistent; and
- Trauma-informed interventions and services.

NEED FOR SERVICES: Morrow County is classified as a frontier county and many survivors find themselves isolated. Victims of sexual and domestic violence face significant challenging obstacles in accessing services. The need for services is reflected in activities and statistics over the period of a year. Last year, even with the pandemic, DVS sheltered 151 adults and children and provided 1,757 nights of care. For all types of programming, DVS provided assistance for 133 residents of Morrow County. The need for services is clear based on our history for the last few years. We assess the needs of survivors

when they contact us for assistance. We listen as the survivor reports the abusive situation and provides information about their needs and any barriers they may face.

ACCESS BARRIERS:

Language. If language is a barrier, DVS provides translation. All of our literature is in both Spanish and English. We also have an advocate who is bi-lingual/bi-cultural and translates as needed. DVS provides group support in Spanish, and we also provide a parenting class in Spanish (Abriendo Puertas). In Morrow County, several communities of primarily Spanish speaking persons use our services. We place flyers and brochures in locations frequented by Spanish speaking families so they will be aware of available services. Not only do we provide classes and groups in Spanish, but we also provide assistance with restraining orders and court accompaniment for Spanish speaking clients. We collaborate with Catholic Charities on behalf of survivors of domestic or sexual violence. Some survivors coming into Morrow County are from Central America and not all speak Spanish. DVS has an agreement with a 24-hour service that provides translation in many languages via telephone.

Literacy. Sometimes survivors have literacy challenges. DVS advocates recognize these issues and provide assistance to communicate, even reading material to the client if necessary. Some group and life skills material are presented through Power Point slide shows with appropriate video clips inserted so that all clients have the benefit of the information.

Disability. DVS is prepared to provide services to survivors with various disabilities. For disabilities related to mobility, all of our facilities are accessible. DVS staff is trained in Mental Health First Aid and can provide appropriate response for clients who may live with disability related to mental illness. We collaborate with other providers and community partners to assist survivors with specific mental health challenges.

Transportation. Long distances stand in the way of timely access to services. DVS advocates provide transportation for survivors to address the challenge of access due to remote location or lack of transportation resources. During the pandemic we have secured transportation access with taxi services in some cases. When clients are in shelter, we offer skill building activities and educate survivors about transportation alternatives, so they are better prepared for the future. We also provide transportation for our clients for emergency or goal related activities.

Cultural Practices. DVS provides services for survivors who are culturally diverse. We partner with the Family Violence Program of the Confederated Tribes of the Umatilla Indian Reservation. Our two programs work together on behalf of mutual clients to provide culturally appropriate services. We have created a co-advocacy document to guide and inform our work with survivors.

CAPACITY: DVS has expanded its capacity, in part due to the Justice Reinvestment grant. We expanded hours for an Advocate to provide targeted services to communities in Morrow County to make sure victims of domestic violence, sexual assault and stalking are aware of our services/programs and have information to access those services twenty-four hours a day. We also provide information and

presentations to community groups so that they are aware and will promote our availability. DVS operates two shelters with a combined capacity of 54 persons. Morrow County survivors often use the shelter in Hermiston. DVS staffs two locations in Morrow County each week. We provide hours in Boardman City Hall on Thursdays. We provide office hours in Ione at the Health Department location. In addition, we are in talks with groups in Irrigon to secure a part-time office for meeting with survivors in that area.

TRAUMA-INFORMED INTERVENTIONS: DVS provides all services with a trauma informed focus. Victims of domestic violence, sexual assault or stalking have experienced trauma which impacts every area of their functioning — physical, mental, behavioral, social, and spiritual. We strive to provide services that take the trauma into consideration. We seek to empower the victim and assist with progress toward self-sufficiency and resilience.

Our advocates are trained to support victims of domestic and sexual violence by offering information, emotional support, validation and assistance with all aspects of the client's needs and concerns. Our programs are designed to help victims move past the trauma of victimization.

Our staff is familiar with the Adverse Childhood Experiences Study (ACES) which investigated the association between childhood trauma and later life health and well-being. The study revealed the economic and health costs of untreated trauma-related problems like alcohol and drug abuse. The human costs are incalculable. We recognize the impact of the high ACES score many of our clients carry. We ask about trauma in the course of our work with survivors of violence. Trauma is shrouded in secrecy and denial and is often ignored. It's important to ask about trauma in our interactions with survivors, so we can provide appropriate and compassionate services and can assist with accessing other services including behavioral healthcare.

Staff is trained to work with clients in a way that recognizes the impact of trauma and avoids exacerbating their pain. DVS offers parenting classes that provide information in a manner that doesn't indicate blame or promote guilt. We believe in resilience and use strategies that promote healthy minds and encourage clients to visualize success in their lives.

Most DVS advocates are trained in Mental Health First Aid and we intend to continue the training for new staff.

DVS is also aware of the challenges of our work contributing to vicarious trauma.

We focus issues large and small to demonstrate sensitivity to the potential of trauma impacting clients and staff. We understand that trauma, whether fresh or recurring, creates barriers for those affected. Staff or volunteers, who work with victims on the crisis line or in person, can be affected by trauma. We take care to debrief and support direct service staff and volunteers daily and encourage them to talk about what they experienced when working with the survivor. This helps prevent burn out. We believe awareness and sensitivity to this topic is important for creating a safe, trauma-informed organization.

Victims Services Budget #1

County: Morrow

JRI Funding Table

Personnel

	Personnel Category	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position One	Existing	Advocate	262.69	24
	Personnel Category	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Two				
	Personnel Category	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Three				
	Personnel Category	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Four				
	Personnel Category	Description	Monthly Wages (Salary+Fringe)	Months Employed
Position Five				

	Personnel	Description	Monthly Wages	Months Employed
	Category		(Salary+Fringe)	
Position Six				
	Personnel	Description	Monthly Wages	Months Employed
	Category		(Salary+Fringe)	
Position Seven				
	Personnel	Description	Monthly Wages	Months Employed
	Category		(Salary+Fringe)	
Position Eight				
	Personnel	Description	Monthly Wages	Months Employed
	Category		(Salary+Fringe)	
Position Nine				
	Personnel	Description	Monthly Wages	Months Employed
	Category		(Salary+Fringe)	
Position Ten				

Total Personnel Budget

6304.56

Contractual

	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
1,				

2.	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
3,	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
4.	Contract Category	Description	# Units/Hours	\$ Per Unit/Hour
5.				

Total Contractual Budget

0.00

Rent & Utilities

1,	Description	Amount
	Description	Amount
2.		
	Description	Amount
3.		

	Description	Amount
4.		
	Description	Amount
5.		

Total Rent & Utilities Budget

\$ 0.00

Supplies

	Description	# of Units	\$ Per Unit
1,	communication hotspot	2	288
	Description	# of Units	\$ Per Unit
2.	Printing	1	96
	Description	# of Units	\$ Per Unit
3.	Office supplies	1	250
	Description	# of Units	\$ Per Unit
4.	insurance/boardman, Irrigon, Ione	3	28
	Description	# of Units	\$ Per Unit
5.			

Total Supplies Budget

\$ 1006.00

Travel and Training

	Description	# of Registrations	Registration Fee (Total)	Travel Expenses
1,	mileage/travel –			8696.48
	Description	# of Registrations	Registration Fee (Total)	Travel Expenses
2.				
	Description	# of Registrations	Registration Fee (Total)	Travel Expenses
3.				

Total Travel and Training Budget

\$ 8696.48

Equipment

	Description	# of Units	\$ Per Unit	
1.				
	Description	# of Units	\$ Per Unit	
2.	Description.	" or orms	Trei oine	

3.	Description	# of Units	\$ Per Unit	
	Description	# of Units	\$ Per Unit	
4.				
	Description	# of Units	\$ Per Unit	
5.				

Total Equipment Budget

\$ 0.00

Administrative

	Description	Amount		
1,	Fiscal Manager	411.91		
	Description	Amount		
2.				

Total Administrative Budget

\$ 411.91

Victims Services Budget #1 Total:

16418.95

Would you like to add another victim service provider?

No

Total Victim Services Request

\$16418.95

District Attorney Statement of Commitment

Completed - Aug 17 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment: oregon.gov/cic/iri/Documents/IRI Statements of Commitment.pdf

Statement of Commitment- 8-17-2021

Filename: Statement_of_Commitment-_8-17-2021.pdf Size: 128.4 kB

Presiding Judge Statement of Commitment

Completed - Jul 28 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

2021-05-03 Morrow [RI P] Letterx Judge

Filename: 2021-05-03_Morrow_JRI_PJ_Letterx__J_AM7aC2Y.pdf Size: 140.5 kB

Director of Community Corrections Statements of Commitment

Completed - Jul 29 2021

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf

Statement of Commitment- 2021 p and p

Filename: Statement_of_Commitment-_2021_ p_an_VtkayrY.pdf Size: 50.5 kB

Additional Statements of Commitment

Incomplete

Pursuant to OAR 213-060-0050, the district attorney, presiding judge, community corrections director, and any relevant stakeholders of the service or program for which the county is requesting funding must include a statement of commitment to:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

The CJC has developed example statements of commitment that may be helpful as the key stakeholders write their own statements of commitment:

oregon.gov/cjc/jri/Documents/JRI Statements of Commitment.pdf



Board of Commissioners

P.O. Box 788 • Heppner, OR 97836 541-676-5613 www.co.morrow.or.us Commissioner Don Russell, Chair Commissioner Jim Doherty Commissioner Melissa Lindsay

August 25, 2021

Interim Director Ken Sanchagrin Oregon Criminal Justice Commission 885 Summer St., N.E. Salem, OR 97301

Dear Director,

The Morrow County Board of Commissioners met on August 25, 2021 and reviewed the 2021-2023 Biennial Plan for the Justice Reinvestment Grant presented by Gina Wilson, Morrow County Parole & Probation Department.

After a discussion and questions from the Commissioners following the presentation, the Board is in support of the Plan presented.

If you have any questions, please feel free to contact Ms. Wilson at gwilson@co.morrow.or.us.

Thank you for your consideration and support of this application.

Sincerely,

Don Russell	Jim Doherty	Melissa Lindsay
Chair	Commissioner	Commissioner



MORROW COUNTY DISTRICT ATTORNEY

P.O. Box 664, Heppner, Oregon 97836

Telephone: (541) 676-5626 Facsimile: (541) 676-5660 Justin Nelson: District Attorney

Richard Tovey: Deputy District Attorney

Deona Siex: Office Manager

Julia Finch: Victim Assistance Director Debbie Peck: Support Enforcement

May 3, 2021

RE:

Justice Reinvestment Grant- Statement of Commitment

Morrow County has applied for a provisional year-two grant relating to the Justice Reinvestment Grant. I am the District Attorney for Morrow County.

As District Attorney, it is my duty to protect the public from criminals by delivering justice. This office has long stood for and advocated to protect the public and hold offenders accountable for their criminal choices. I, and my entire office, are committed to reducing the incidence of crime. We have worked, and will continue to work, to reduce crime and recidivism. We believe such efforts will reduce prison utilization while protecting public safety. I and my office are committed to these principles and will remain so.

Thank you for your careful attention to Morrow County's request.

Thank you for your time,

Justin W. Nelson

Morrow County District Attorney

OSB# 074460



SIXTH JUDICIAL DISTRICT

MORROW & UMATILLA COUNTY CIRCUIT COURTS
216 SE 4th STREET
PENDLETON, OR 97801
541-278-0341/541-667-3020

Email: 6th.district@ojd.state.or.us

May 6, 2021

Interim Director Ken Sanchagrin Oregon Criminal Justice Commission 885 Summer St. NE Salem, OR 97301

Dear Director,

The Sixth Judicial District, Oregon's Circuit Courts for Morrow and Umatilla Counties, supports Morrow County's request for JRI funding to continue a Probation Officer position with Morrow County Community Corrections. Information from the various data dashboards, and provided the court by Chief Probation Officer Dan Robbins, shows Morrow County's commitment to reducing prison months by 74.3 from the baseline. Given the population of the county is a little above 11,000, this is significant. Additionally, between 2014 and 2018:

Property crimes fell by 109, from 445 to 336.

Behavior crimes fell by 79, from 240 to 161.

The judges of Oregon's Sixth Judicial District are committed to partnering with Morrow County to reduce recidivism while holding offenders accountable and protecting public safety and decreasing the use of imprisonment through effective probation monitoring. The probation officer paid through prior JRI grants serves as an active member of the courts' Treatment Court team.

On behalf of the Sixth Judicial District and the Morrow County Circuit Court I appreciate your consideration of Morrow County's request for Justice Reinvestment grant funding to continue this service in our community.

Sincerely

Daniel J. Hill Presiding Judge Presiding Judge

Hon. Daniel J. Hill

Circuit Court Judges

Hon. Christopher R. Brauer Hon. Robert W. Collins, Jr Hon Jon S. Lieuallen Hon. Eva J. Temple

Administrator

Roy N. Blaine



Morrow County
Parole and Probation
Director Lt. Dan Robbins
P.O. Box 130
Irrigon, OR 97844
Phone: (541)314-5222
Fax: (541)922-5944

Kenneth W. Matlack, Sheriff John Bowles, Undersheriff

May 3, 2021

RE: Justice Reinvestment Grant- Statement of Commitment

Morrow County Community Corrections is applying for the 2021-2023 Justice Reinvestment Grant. We have been using these grant dollars to help fund a full-time officer in the previous biennium. Having the full-time officer has reduced the number of offenders on our individual caseloads. This has allowed more time for each offender to address both risks and needs.

We are in full support of the goals of Justice Reinvestment:

- Reduce recidivism while protecting public safety and holding offenders accountable
- Decrease the county's utilization of imprisonment in a Department of Corrections institution while protecting public safety and holding offenders accountable.

I believe that this grant application will help us advance the goals of the state Justice Reinvestment program while protecting public safety and holding offenders accountable locally.

Dan Robbins

Director Morrow County Parole and Probation

ROAD REPORT AUGUST 2021

BLADING OPERATIONS: Following are the roads blade operators worked on.

Zone 1 - Homestead

Zone 2 -

Zone 3 – Morter Ln.

Zone 4 – Blake Ranch is planned for this week

ROAD SIGN REPAIR: Crew members continue making sign repairs around the county as needed.

RODEO ARENA: Crew members prepared the rodeo arena prior to last weekend's event.

ROAD EMERGENCY: Crew members responded to an accident on Columbia Ln., in Irrigon. A horse and rider were struck by a drunk driver. Road crew removed after the horse owner removed the saddle and bridle. An invoice will be sent to the Sherriff's office for the cost of removal and disposal of the horse to be added to the incident case.

ROADWAY PAINT STRIPING: The paint crew finished striping on: Bombing range, Willow Creek, Kilkenny, Kunze, West Wilson, Toms Camp, Peters, Miller, Columbia, Patterson Ferry, Alpine, and five miles on Little Butter Creek.

ELLA: Crew members patched failing areas on Ella followed by a thin lift overlay from Ione-Boardman headed south approximately two miles. Matt and I decided to stop the project due to continued plant breakdowns. We will complete a double chip seal on the remaining two miles.

CHIP SEAL OPERATIONS: During the month of August the crew has completed chip sealing and fog sealing operations on: Kilkenny and Little Butter Creek. The remaining portions of Meyers, Baseline East and the 8,000 ft. on Sand Hollow will be completed starting August 30th.

PERMITS: Permits approved for the month of August.

286/286a	693 Rhea Creek Road	Tony Lankford	Approach		07/27/2021	08/10/2021
OSE	724 Washington Lane	Umatilla Electric Co-Op	UTILITY o	verhead elec cable	08/02/2021	08/10/2021

Correspondence



I am writing this letter on behalf of the SAGE Center, regarding sponsorship opportunities for the 8th Annual Morrow County Harvest Festival. This year's Harvest Festival date is Saturday, October 2nd, 2021. This is an event that is free to the public that is created to bring the entire community together for a day of celebrating local artisans, produce, and family fun. This annual event takes place at the SAGE Center in Boardman, Oregon. The Morrow County Harvest Festival includes free pumpkin painting and face painting, mule-drawn wagon rides, shopping, and food vendors, as well as beer and wine spirits with live music. This event is celebrating our local agricultural achievements and we would love to have your support.

☐ \$1,000 Title Gold Sponsor

- Large spotlight banner displayed during harvest festival
- Company name on all marketing materials, list of paid advertisements available upon request
- Company logo and website link on all website promotion pages after sponsorship is secured

□ \$750 Gold Sponsor

- Banner displayed during harvest festival
- Company name on all marketing materials, list of paid advertisements available upon request
- Company logo and website link on all website promotion pages after sponsorship is secured

☐ \$500 Silver Sponsor

- Sponsor signage spotlight of supported event(s)
- Company name on all marketing materials, list of paid advertisements available upon request
- Company logo and website link on all website promotion pages after sponsorship is secured

□ \$250 Bronze Sponsor

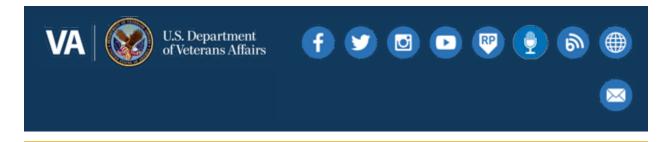
- Company name on all marketing materials, list of paid advertisements available upon request
- Company logo and website link on all website promotion pages after sponsorship is secured

□ Kid's Corner Sponsor

- Provide a free activity for 500 kids
- Provide staff for your activity/table
- Sponsor signage spotlight of supported event(s)
- Company logo and website link on all website promotion pages after sponsorship is secured

Please return all sponsorships by September 1, 2021, mail payment to:

SAGE Center P.O. Box 200 Boardman, OR 97818



Veterans from all eras are reacting to the events in Afghanistan, such as the U.S withdrawal and the takeover by the Taliban.

You are not alone.

Veterans may question the meaning of their service or whether it was worth the sacrifices they made. They may feel more moral distress about experiences they had during their service. **It's normal to feel this way.** Talk with your friends and families, reach out to battle buddies, connect with a peer-to-peer network, or sign up for mental health services. Scroll down for a list common reactions and coping advice.

Resources available right now

- **Veterans Crisis Line** *If you are having thoughts of suicide, call* <u>1-800-273-8255,</u> then PRESS 1 or visit <u>http://www.veteranscrisisline.net/</u>
 - For emergency mental health care, you can also go directly to <u>your local</u>
 <u>VA medical center</u> 24/7 regardless of your discharge status or enrollment in
 other VA health care.
- **Vet Centers** Discuss how you feel with other Veterans in these community-based counseling centers. **70% of Vet Center staff are Veterans.** Call <u>1-877-927-8387</u> or find one <u>near you</u>.
- VA Mental Health Services Guide This guide will help you sign up and access mental health services.
- <u>MakeTheConnection.net</u> information, resources, and Veteran to Veteran videos for challenging life events and experiences with mental health issues.
- RallyPoint Talk to other Veterans online. Discuss: What are your feelings as the Taliban reclaim Afghanistan after 20 years of US involvement?
- <u>Download VA's self-help apps</u> Tools to help deal with common reactions like, stress, sadness, and anxiety. You can also track your symptoms over time.
- Tragedy Assistance Program for Survivors (TAPS) Request a Peer Mentor
- VA Women Veterans Call Center Call or text <u>1-855-829-6636</u> (M-F 8AM 10PM & SAT 8AM - 6:30PM ET)
- VA Caregiver Support Line Call <u>1-855-260-3274</u> (M-F 8AM 10PM & SAT 8AM 5PM ET)

- Together We Served Find your battle buddies through unit pages
- George W. Bush Institute Need help or want to talk? <u>Check In</u> or call: <u>1-630-522-</u> 4904 or email: checkin@veteranwellnessalliance.org
- Elizabeth Dole Foundation Hidden Heroes Join the Community
- American Red Cross Military Veteran Caregiver Network <u>Peer Support and Mentoring</u>
- Team Red, White & Blue Hundreds of events weekly. <u>Find a chapter</u> in your area.
- Student Veterans of America Find a campus chapter to connect with.
- Team Rubicon Find a <u>local support</u> squad.

Common Reactions

In reaction to current events in Afghanistan, Veterans may:

- · Feel frustrated, sad, helpless, grief or distressed
- Feel angry or betrayed
- Experience an increase in mental health symptoms like symptoms of PTSD or depression
- Sleep poorly, drink more or use more drugs
- Try to avoid all reminders or media or shy away from social situations
- Have more military and homecoming memories

Veterans may question the meaning of their service or whether it was worth the sacrifices they made. They may feel more moral distress about experiences they had during their service.

Veterans may feel like they need to expect and/or prepare for the worst. For example, they may:

- Become overly protective, vigilant, and guarded
- Become preoccupied by danger
- Feel a need to avoid being shocked by, or unprepared for, what may happen in the future

Feeling distress is a normal reaction to negative events, especially ones that feel personal. It can be helpful to let yourself feel those feelings rather than try to avoid them. Often, these feelings will naturally run their course. If they continue without easing up or if you feel overwhelmed by them, the suggestions below can be helpful.

Strategies for Managing Ongoing Distress

At this moment, it may seem like all is lost, like your service or your sacrifices were for nothing. Consider the ways that your service made a difference, the impact it had on others' lives or on your own life. Remember that now is just one moment in time and that things will continue to change.

It can be helpful to focus on the present and to engage in the activities that are most meaningful and valuable to you. Is there something you can do today that is important to you? This can be as an individual, a family member, a parent, or a community member. Something that is meaningful to you in regard to your work or your spirituality? Such activities won't change the past or the things you can't control, but they can help life feel meaningful and reduce distress, despite the things you cannot change.

It can also help to consider your thinking. Ask yourself if your thoughts are helpful to you right now. Are there ways you can change your thinking to be more accurate and less distressing? For example, are you using extreme thinking where you see the situation as all bad or all good? If so, try and think in less extreme terms. For example, rather than thinking "my service in Afghanistan was useless" consider instead "I helped keep Afghanistan safe."

Finally, consider more general coping strategies that you may want to try including:

- Engage in Positive Activities. Try to engage in positive, healthy, or meaningful
 activities, even if they are small, simple actions. Doing things that are rewarding,
 meaningful, or enjoyable, even if you don't feel like it, can make you feel better.
- **Stay Connected.** Spend time with people who give you a sense of security, calm, or happiness, or those who best understand what you are going through.
- Practice Good Self Care. Look for positive coping strategies that help you
 manage your emotions. Listening to music, exercising, practicing breathing
 routines, spending time in nature or with animals, journaling, or reading
 inspirational text are some simple ways to help manage overwhelming or
 distressing emotions.
- Stick to Your Routines. It can be helpful to stick to a schedule for when you sleep, eat, work, and do other day-to-day activities.
- **Limit Media Exposure.** Limit how much news you take in if media coverage is increasing your distress.
- Use a mobile app. Consider one of VA's self-help apps (see
 https://www.ptsd.va.gov/appvid/mobile/) such as PTSD Coach which has tools that
 can help you deal with common reactions like, stress, sadness, and anxiety. You
 can also track your symptoms over time.
- PTSD Coach Online. A series of online video coaches will guide you through 17 tools to help you manage stress. PTSD Coach Online is used on a computer, rather than a mobile device, and therefore can offer tools that involve writing.

If you develop your own ways of adapting to ongoing events and situations, you may gain a stronger sense of being able to deal with challenges, a greater sense of meaning or purpose, and an ability to mentor and support others in similar situations.



Afghanistan: How Veterans can reconcile service

READ MORE



Afghanistan: How Veterans can learn from Vietnam Veterans

READ MORE



Find a VA Facility near you.

FACILITY LOCATOR

Not sure where to start?

VA WELCOME KIT

Need to contact VA?

<u>Veterans Crisis Line: 1-800-273-8255</u> and press 1, <u>Chat</u>, or Text 838255 <u>Homeless Veteran Resources</u>: <u>1-877-424-3838</u> or <u>Chat</u> <u>White House VA Hotline</u>: <u>1-855-948-2311</u>

Don't know what number to call?

1-800-MyVA411 (800-698-2411) is never the wrong number

Want to receive other VA updates?











Careers and Employment (



Pension



Housing Assistance







Disclaimer: The sharing of any non-VA information does not constitute an endorsement of products or services on the part of the VA.

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If you are having thoughts of suicide, call 1-800-273-8255, then PRESS 1 or visit http://www.veteranscrisisline.net/